The Granite State REFUELER



157th Air Refueling Wing, Pease ANGB, New Hampshire

www.nhpeas.ang.af.mill

August 2004

Adventures in Iraq

By Master Sgt. Phil Cote

Greetings to all from within the Sunni Triangle. Our deployment has been long and hard and filled with many stories, lots of laughs and many tears. For those of you that do not know, we, Chris Moisan, Nancy Young, Dave Guindon, Mike Steer and myself (Phil Cote) have been deployed since Feb. 18.

We started off with a couple of days lugging baggage at Fort Benning Ga. We then traveled to Kuwait and spent a couple of days at Camp Wolverine, before heading north to Camp Virginia. We spent almost 45 days there being trained on convoy procedures and went out to a live fire range at a place called Camp Udari. We were in field conditions for 6 days, the only thing close to home were the 8 Porto potties that were there. No showers or hot food. Only all the MREs that you could eat. Some retired special forces put us through the paces, and tried to teach us as much as we could remember for those six days.

We returned to Camp Virginia and conducted an assessment exercise where the Army threw every scenario that they could think of at us over a six hour period. Our company did the best out of the four that went through there. Not bragging, yes I am. Most of the people were living in a tent with 70 new friends.

For fun, we all went to formation on April 1 in our shorts and our boots and the Commander was very impressed. It was a good photo op that we have for posterity. We left for Iraq on April 2 and convoyed north. It took two days, long days, and one rainy night under the stars. If you like camping, this is the place to be. Once here at Camp Anaconda, we settled in for more training and started to run some missions.

We have endured hot temperatures, power outages, mice and a lot of mosquitoes. Even some sand

fleas that decided to come along in some of the sleeping bags. The hardest part is trying to conform to Army rules, which is beg, borrow and steal what you need. Our living conditions are modest, and we are trying to make the best of the situation.

We would like to thank everyone for their support and a special thanks to the Family Support Program, who have done a great job supporting us with our needs. Bonnie Rice does an excellent job, along with the countless others who help her.

We are all doing fine and are approaching the halfway point of our tour. If you find yourself on a tough deployment, you haven't seen anything like what we are faced with. Well, some of you may have. We have been all over Iraq. Driven by Fullujah and by the prison. Our legs, backs and behinds hurt. When we look back on our adventure we will look back with pride.

Hopefully we will give the 157th ARW a good name in the Active Duty World. No more are the "weekend warriors" a thing of the future. We do the same tasks in the same professional manner with our counterparts on the Active Duty side. We can't wait to come back and share our painful, funny and heart aching stories with you all. Thank you for your Support.

Sincerely, Master Sgt. Phillip F. Cote, 4th Platoon 2632 AEF Truck Company



Staff Sgt. Chris Moisan and Master Sgt. Phil Cote cheese for the camera. (NHANG Photo)



A convoy of trucks roll on out. (NHANG Photo)



Tech. Sgt. Nancy Young takes a break from the grind. (NHANG Photo)

Commander's Column

By Col. Richard P. Martell



Well, summer time is here and we have just finished our first Unit Compliance Inspection (UCI). Our overall Wing grade was a "Satisfactory" - which we deserved and will allow us to make improvement. Some of our work sections did wonderfully - in a couple of cases being the "best seen" to date. Some of our other sections have work still to be done. Overall, I thank all of you who worked hard at being prepared for this major inspection. The

key for us in the future will be to maintain a strong work ethic in this area and to yearly, steadfastly, follow our Wing Self Inspection Process.

Soon after the UCI was completed, I received word that the National Guard Association of the United States (NGAUS) had selected us as a recipient of one of the 5 Distinguished Flying Unit plaques to be awarded this year. The other winners are:

NGAUS DISTINGUISHED FLYING UNIT PLAQUE -

111TH FIGHTER WING, PENNSYLVANIA AIR NATIONAL GUARD.

129TH RESCUE WING, CALIFORNIA AIR NATIONAL GUARD.

157TH AIR REFUELING WING. NEW HAMPSHIRE AIR NATIONAL GUARD.

169TH FIGHTER WING, SOUTH CAROLINA AIR NATIONAL GUARD.

182ND OPERATIONS GROUP, ILLINOIS AIR NATIONAL GUARD.

As you can see, we are the only KC-135 Wing to be recognized this year - Congratulations!

Enjoy your summer break and be ready for a challenging August UTA Counter Chemical CONOPS exercise to be held on Sunday. Take care.

Note from the Finance Department

This year, the month of August will have eight pay days in it. Here are the following dates: 4, 6, 11, 13, 18, 20, 25, 27. Wel



need to remind everyone if you do not receive a military pay check in the month of July, you will have a SGLI debt show up on your August LES.



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Photo Support 157 ARW Visual Information Center



The Refueler welcomes articles and ideas that will improve the paper. If you have suggestions for feature or specific articles, please contact the PA office at x3413/3577, or your Unit Public Affairs Representative (UPAR).

Civil Engineering

Tech. Sgt. James Wallace x2395

Senior Airman Lyndsey Hooper x2344

Mission Support

Master Sgt. Dan Ward x3511

Operations

Master Sgt. Brian Elliott x3327 Tech. Sgt. Christie Rouleau x3321

Maintenance

Staff Sgt. Pam Clements x2442 Tech. Sgt. Robert Nicoletos x2512

Logistics

Tech. Sgt. Beverly Wallace x2696 Staff Sgt. Lisa Rowe

Services

Tech. Sgt. Lori Johnson x3291

Senior Master Sgt. Valerie Morgan x3151

Tech. Sgt. Tammy Daigle x3401

A Q & A with the IG Team Chief, Col. Tom Stark

By Capt. Bill Davis

Col. Stark's background is as a KC-10 and KC-135 pilot with approximately 4,000 flying hours. He's been assigned to the IG team for 3 and a half years and will be moving to an Air Force-level assignment in August.

How many people work in the IG Directorate at AMC?

"We've got 100 people in the IG, 80 of which are traveling inspectors. We also augment our field teams with headquarters personnel and Guardsmen subject matter experts from bases around the country."

How many people are on the team inspecting the 157th this week?

"There are 44 members on the team and 18 of them are augmentees. The size of the inspection team is driven by the size of the unit, 40 inspectors is typical for a Guard unit.

How many inspections do you perform each year?

"It varies but I average about one trip per month and for some of the inspectors it's closer to two. We have inspection responsibility for 90 active, Guard, and Reserve units. There are three general categories of inspections but the majority are either compliance or readiness."

So, it's pretty much a constant cycle of preparing, executing, wrapping up and moving to the next one?

"Yes, I'd say that's a pretty good way to describe it. We've developed a Command Inspection Calendar (CIC) to try and provide some stability to units by giving them the visibility to plan ahead. We also make the CIC available to the AEF Center and NGB so they know when units will be in an inspection cycle."

How does the IG process contribute to the war fighting capability of the Air Force?

"Our job is to verify that units are in compliance with the myriad of requirements that ensure the proper organization, training, and equipping of our units; while this inspection doesn't directly measure readiness, it does measure a foundation of readiness. IG's have been part of militaries since the beginning of time, one of the benefits, in my opinion, is that completed reports are shared service-wide via the IG Performance Reporting System. We encourage units to review and take advantage of this resource to learn from and to help prepare. Hopefully, we improve the entire Air Force and get our money's worth out of the inspection process."

Do inspectors receive training or guidance on maintaining objectivity?

"Part of the job as an inspector is to maintain objectivity but in the end we are asking them to use their experience, expertise, and judgment as they evaluate units and some degree of subjectivity comes into play. They come in with no pre-conceived notions, we provide the units the tools and standards up front and we expect them to do well, that's our starting point."

Do you get a 'gut feel' when you arrive at a

Do you get a 'gut feel' when you arrive at a base as to how that unit will perform? If so, does that feeling usually prove accurate or not?

"First impressions can be important but how units perform is really up to them. It centers on attitude and preparation and their fate is in their hands.



I have a hard time walking onto a base and forming a determination based on a first impression."

Do you see wide disparities in unit performance?

"No, I'd say it's more like a bell curve. Most units fall somewhere in the middle. Occasionally, we find one that needs a lot of work, but by and large, most take the process seriously and it shows in their performance."

Is there anything you'd like to add?

Right now, there's a high ops tempo force-wide - we understand and acknowledge that. But we're charged by Generals Jumper and Handy with ensuring that our units are ready to go to war and the inspection process is an important part of verifying that. It's a testament to the professionalism and dedication of all our folks that we can do both. It's been over 10 years since we've done a compliance process. I hear all the time that units are happy it's back in place, it provides direction and helps people better understand what their jobs really are. They're appre-

Family Program Updates

By Bonnie Rice, Family Program Coordinator

FAMILY PROGRAM MAILING LIST

I continually receive information regarding offers, discounts and benefits. I have been asked to limit the messages I put out to the members on the base. I will be posting this information on my "Public Folder" – if you do not have access to the public folder, you can be added to our mailing list and receive this information via email at your home or your work location when the information is received. Please remember to check the public folder for current additions.

HELPFUL WEB ADDRESSES

There are many useful resources available on the web for our members and families on a wide range of topics. I have listed several of them below. For a copy of the current edition of the "Guide to Reserve Family Member Benefits," go to the following site: http://www.dod.mil/ra/documents/family/benefitshandbook.pdf. Below is a list of useful websites

that may assist families and employees during deployments:
•National Guard and Reserves-SBA Assist. for Small Business Owners called to Active Duty http://www.sba.gov/reservists

- Employer Support of the Guard and Reserve http://www.esgr.org serves as an ombudsman for employers, reservists and guard members and can answer questions about requirements of the Uniformed Services Employment and Re-employment Rights Act Other useful websites:
- Financial Planning All Military Branches – First Command Financial Planning www.firstcommand.com
- Army Community Service www.armycommunityservice.org
- Military Assistance Program http://dod.mil/mapcentral/resourc e.html#military

- Tricare is the health insurance provider for all active duty military and families. http://www.tricare.osd.mil/
- The following web address offers a wide range of useful info: http://www.afpc.randolph.af.mil/fa mops/fameduc.htm

MILITARY DISCOUNT INFORMATION

WOKQ Homeland Helper

Check out the WOKQ Homeland Helper website loaded with lots of local Military Discount information at: http://www.wokq.com/messageboards/homeland_helper.shtml

Colonial Williamsburg

Colonial Williamsburg is offering a two day consecutive Special Free Admission for active-duty, retired, guard & reserve personal and their families on Veterans Day-November 11, 2004. All members must go to the Visitor Center to pick up their tickets. The member and all immediate military dependents in the family can get the free tickets! Two consecutive days includes either the day before or day after, as long as they are consecutive!

This is not showing on their web site yet. If you call 1-800 HISTORY and ask for the ticket office they can answer any questions you may have. You must have a current military or dependent ID Card for admission.

Remember; always ask if they offer any military discounts, you may be surprised. Many businesses have been very supportive of our Military Members.

YOUTH INFORMATION

Scholarship/Award Programs
The following three web addresses
each have scholarship opportunities
for your youth through the VFW –
please have interested middle/high
school age youth look at these sites
should they be interested:

Veterans of Foreign Wars (VFW):



Voice of Democracy Veterans of Foreign Wars (VFW):

http://www.vfw.org/index.cfm?fa=cmty.leveld&did=150 - deadline is: 1 Nov 04

Veterans of Foreign Wars (VFW) Patriot's Pen

http://www.vfw.org/index.cfm?fa=cmty.leveld&did=151 - deadline is 1 Nov 04

Veterans of Foreign Wars (VFW):

Veterans' Tribute Scholarship http://www.vfw.org/index.cfm?fa= cmty.leveld&did=1589 - deadline is: 31 Dec 04

Youth Website of Interest

The following is a website for youth – it has lots of areas for youth of all ages to enjoy. Check it out online at: http://deploymentlink.osd.mil/kidslink/grade_s elect.htm

Air Force One Source Info Online: www.airforceonesource.com; User ID: airforce, Password: ready – to call Air Force One Source From the U.S.: -800-707-5784 International: -800-707-57844 International collect: 484-530-5913 En español, llame al 1-800-375-

TTY/TTD: 1-800-346-9188

Family continued on pg 13 Q&A continued from pg 3

ciative of the fact that they now know what's expected of them. It's my personal hope that the inspection process results in a better, safer, more efficient and effective Air Force for the sake of the nation. Folks should be proud of the hard work they put into the process and the results they achieved.

People Poll:

Questions and pictures by Senior Airman Brenda Dillon and Airman 1st Class Sherri Carver

Q: What do you think about replacing Alexander Hamilton with Ronald Reagan on the ten dollar bill?



"I would not be opposed to replacing Hamilton with a more current American icon." Senior Airman Ken Schauss Production Documentation Specialist



"Never knew
Hamilton, guess I'll go
with Reagan."
Staff Sgt. Lena Grenier
Accounting Technician



"Leave it the way it is."

Master Sgt. Travis Allen

Training Manager



"Sure, we should replace Hamilton, he was never president." Staff Sgt. Michael Berry NCOIC IEU



"I think it would be great to replace Hamilton with Reagan." Tech. Sgt. Scott Perry Military Pay



"I suppose if that's what the consensus is. It is probably a good idea." Chief Master Sgt. Dave Camire
Missions Systems
Branch Chief



"No, not for it."
Capt. Bill Wilson
Acting Comm. Flight
Commander



"Not a good idea.
They can think of a better tribute."
Staff Sgt.Alicen Hogan
Air Traffic Controller



June 11, 2004

Col. Mark F. Sears JFHQ-NH/Air 157th Air Refueling Wing Pease ANG Base, New Hampshire

Dear Colonel Sears:

I am extremely please and very proud to receive notification from LtGen James that the 157th Air Refueling Wing was selected as a recipient of NGAUS 2004 Distinguished Flying Unit Plaque. I understand this award is given to only 5 Wings who are runners up to the top award, the NGAUS Spaatz Trophy, making recipients very selective.

Reflecting on previous recognition, the 157th ARW received the Spaatz Trophy in 1980, 1991, 1994 and the Distinguished Flying Unit Plaque in 1984. The Wing has a proud tradition of excellence and this 2004 award continues to document the outstanding performance.

Please pass on my sincere congratulations to the men and women of the 157th Air Refueling Wing for their continued superior accomplishments.

Sincerely

ohn E. Blair, M NH National Guard The Adjutant General

Promotions

Airman First Class

Adam G. Hults Kayla M. Bouchard Kenneth L. Hoyt

Senior Airman

Christina L. Hall Keith Williams Jacob Wallace **Evan Appleton** Brenda K. Dillon

Technical Sergeant

Mathew H. Knott Michael C. Mooers Bernard Champagne Theresa M. Reynolds Erik S. White Lucinda Erwin

Master Sergeant

Kevin P. McElroy Stephen J. Shea

Senior Master Sergeant

Timothy B. Sowder Wayne L. Dyer John O. Jordan III

First Lieutenant

Christopher J. Dillman Stephen T. Holleque

<u>Major</u>

Eric L. Knight



Sure it looks good, but does it fly?

During a recent visit to Afghanistan, Maj. Gen. John Blair, State Adjutant General, inspects a derelict aircraft 'customized' by unnamed NH Guardsmen. While the tail's paint job is not up to the standard of the state's pristine KC-135's, it reportedly was completed at significantly lower cost. (NHANG Photo)



Maj. Gen. John Blair and 157th Comm. Flight Commander Lt. Col. Scott Normandeau in front of a former Soviet missile launcher in Afghanistan. (NHANG Photo)

Travel cardholders have online-payment option

By Staff Sgt. C. Todd Lopez Air Force Print News

4/13/2004 - WASHINGTON — Airmen with government travel cards can now make payments to their accounts online.

The "MyEasyPayment" system allows Airmen with government travel cards to pay off residual or unexpected charges not covered by split disbursement payments, said Josephine Davis, the Air Force banking liaison officer.

"Split disbursement of travel card payments is mandatory for military members and by default for civilians, but there are unavoidable situations when the split-disbursed amount does not cover your total charges," Josephine Davis said.

Airmen are required to use their government cards for airline tickets, hotels and rental cars for military travel. They may also use their cards to purchase meals and to get cash for incidental expenses.

When Airmen return from travel, they file a voucher so they can be reimbursed for their expenses. That payment, or disbursement, is split between the Airmen's personal-checking account and their travel-card account. Airmen are responsible for indicating how much money should be sent to the travel-card account. If there is a miscalculation of the amount owed on the travel card, there can be residual or unexpected charges still owed. An example of an unexpected or residual charge is when an Airman makes a purchase overseas and the exchange rate changes before the merchant processes the charge, Josephine Davis said.

"There could be additional money owed there," she said. "Instead of the transaction costing \$50, it may now cost \$52.

Another example is when

Airmen lose receipts and forget about charges on their cards. Despite those types of errors, Ms. Davis said Airmen are still responsible for paying off their accounts in full.

"Just like with any other credit card, it is our responsibility to know what we owe," Josephine Davis said. "Sometimes you need to call the bank and find out what you need to pay. This system gives you the opportunity to make those payments."

Airmen with questions about being reimbursed for unexpected or residual charges on their accounts should contact their military travel pay office, Josephine Davis said. Travelers may need to file an amended travel voucher if they feel they are owed money.

The payment system is available at www.myeasypayment.com. To use the system, cardholders need to know the amount they want to pay on the card, the card's account number and security code, and their checking account and bank routing numbers.

Josephine Davis said cardholders can check their account balance by calling the toll-free number on the back of the card.

Menu

Saturday, August 7th



Baked Fish w/ **Butter Citrus Sauce** Rice Pilaf Green Beans Lyonnaise Glazed Carrots Snack Line:Popcorn Chicken Waffle Fries Split Pea & Ham Soup Peach Cobbler

Salad Bar & Rolls

Sunday, August 8th

Spaghetti Bolognese **Garlic Texas Toast** Snack Line:Sauteed Peppers, Onions, Mushrooms Cauliflower Parmesan Grilled Chicken Ceasar Salad Italian Garden Asst. Freshly Baked Cookies Asst. Milks, Sodas & Non-Carbonated beverages

Make Fitness Fun

By Senior Airman Brenda Dillon

During September drill our new fitness test will be administered and we will each have the opportunity to show our cardiovascular, pushup, and sit-up abilities. Their is no better time to prepare than now! Take advantage of the beautiful weather and the gorgeous scenery all around us. In NH there are over 65 state parks and admission to these parks is now free to guardsmen E-6 and under. So get off the treadmill and hit the trails!







Flexing Our Exped

Below: KC 135 Boom Operator Staff Sgt. Michael Girouard of the 157th ARW performs preflight checks in the boom pod.





Above: KC 135 Boom Operator Staff Sgt. Michael Girouard of the 157th ARW awaits a C 17 en route for refueling.

Below: KC 135 Boom Operator Staff Sqt. Mike Girourard prepares the Stratotanker for a refueling mission from Incirlik Air Base, Turkey.





Above: Staff Sgt. Adam **Hughes and Master Sgt. Al Poulin** pose in front of the beautiful cave towns and rock formations scattered throughout the landscape of Cappadocia, Turkey while on an AEF (Air Expeditionary Force) deployment to Incirlik Air Base, Turkey. The caves are thought to have been made from volcanoes which became the cradle of civilization and the start of many empires. During the Byzantine Empire Christians used these cavetowns to escape their religious and political persecutors.

litionary Muscle! USAF Photos by Staff Sgt. Dawn Finniss



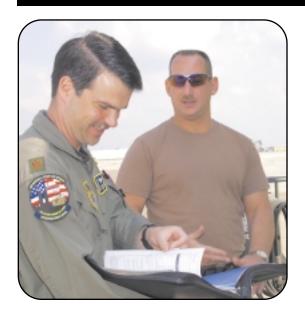
Members of the 157th Air Refueling Wing pose with the Chief of Staff of the USAF Gen. John P. Jumper during a visit the COS made to Incirlik Air Base, Turkey.

Below: KC 135 Aircraft Co Pilot Ist Lt Nelson Abreu of the 157th ARW taxi to the 39th Air Base Wing runway at Incirlik, Turkey. Three NHANG KC 135 tankers met up with three C 17s for a simultaneous refueling mission over the Black Sea near northern Turkey.





Above: The 20th Secretary of the Air Force, Dr. James G. Roche, shakes hands with 157th Air Refueling Wing Command Chief Chief Master Sgt. Ron Nadeau during their visit. Wing Commander Col. Richard Martell and Vice Wing Commander Col. Carolyn Protzmann look on.



Right:
Tech. Sgt. Jason
Harder helps a
young child at the
Incirlik Air Base
clinic where he
and Master Sgt.
Jason Messenger
volunteered to
work with their
active duty counterparts.



Above: 157th
ARW Aircraft
Commander Maj. Gary
Walker reviews the crew
chief's preflight checklist
with Technical Sgt. Dave
Bartlett on the Incirlik Air
Base Wing flightline.



Above: Staff Sgt. Jeremy Cox and Tech. Sgt. Dave Bartlett on the Incirlik Air Base Wing flightline.



Right: Maj. Gen. John E. Blair,
The Adjutant General of New
Hampshire, is welcomed by Brig.
Gen. H. Levent Türkmen, 10th Tanker
Base Commander at Incirlik Air Base,
Turkey. Maj. Gen. Blair flew to
Incirlik AB, Turkey during the 157
ARW AEF (Air Expeditionary Force)
rotation. The units mission was to
refuel aircraft that are directly
involved with Operations Iraqi and
Enduring Freedom.



Above: KC 135 Aircraft Commander Maj. Gary Walker and Co Pilot Ist Lt Nelson Abreu of the 157th ARW fly over mountains in northern Turkey while en route to the Black Sea to refuel C 17 aircraft. There will be a total of three tankers from the 157th ARW refueling three C 17s simultaneously.

Below: KC 135 Aircraft Commander Maj. Gary Walker of the 157th ARW poses for a photo prior to preparing for takeoff from Incirlik Air Base Turkey.





Above: Staff Sgt. Jeremy Cox of the 157th ARW from Pease Air National Guard base relaxes on the Incirlik Air Base, Turkey flightline during a lull.

NEWS FROM THE RETENTION **OFFICE**

By Master Sgt. Norma Long

Recently, I spoke to a member who enlisted in 2001 and at the time of enlistment, he didn't have any student loans. The member was under the impression he couldn't use the student loan repayment program, since when he enlisted, he didn't have loans. Anyone who enlist's under this program and incurs a student loan during their enlistment contract is entitled to this program up to \$20,000. Member must bring their student loan information to the Retention Office once they have student loans.

Unfortunately, in this situation, the member lost last year as a payment.

If you have any questions on the above, please contact me in Retention at 430-3507.

Thank you to the following individuals who participated in the Special Olympics on June 11th and 12th at the University of New Hampshire. Col. Mike Horne, Senior Master Sgt. Wayne Dyer, Master Sgt. Wayne Georgiana, Master Sgt. Norma Long, Tech. Sgt. Shaun Shea, Tech. Sgt. Peter Vatistas, Airman 1st Class Amanda Bates, Airman 1st Class Meghan Kincaid and Airman 1st Class Lindsey Watson-Kirwin. Without their support, the day could not have been so successful. Whether they worked during the day awarding the medals to the

Olympians or participated in the parade Friday night, it was very much appreciated by the Olympians and their parents. Hopefully, next year we will see more unit members and retirees volunteering.



Senior Master Sgt. Wayne Dyer presents awards to swimmers during the N.H. Special Olympic Summer Games. (NHANG Photo by Senior Airman Lenz)

The 35th Special Olympics

The 35th Special Olympics were held June 11 & 12 at UNH in Durham. Law enforcement officials from all over the state participated in the ceremonies.



Tech. Sgt. Shawn R. Shea congratulates Dale Mackenzie, 14, of Rochester after winning the silver medal in the 100 meter dash. (NHANG Photo by Senior Airman Lenz)

Friday, the Olympians competed in the first round of events. The day ended with the parade of Olympians. Each group was provided a sign with their team name on it. A few different honor guards, including our very own, dispersed themselves throughout the parade.

A variety of people gave a slew of speeches, including our Governor Craig Benson. Another notable presence was that of our Assistant Adjutant General, Col. Mark F. Sears.

A line of police cruisers and motorcycles escorted the torch in after its final leg and wrapped around the field until it was surrounded. Local gymnast and cloggers entertained us with tumbling and choreographed routines. The night ended with an impressive fireworks display. Saturday the presence of blues and BDU's were noticed at the far end of the track, where most of the awards were presented.

Master Sgt. Wayne

By Airman 1st Class Lindsey Watson-Kirwin

Georgiana hammed it up on the microphone, he got the crowd going for every group of Olympians who climbed the podium to receive their medals and ribbons, while Airman 1st Class Amanda Bates, Airman 1st Class Meghan Kincaid and myself presented the awards.

The Olympians competed in an array of events, which included; softball throw, relays, high jump, walking and running track events.

The weather was more than cooperative. We had beautiful blue skies both days. The sun was even so kind as to provide some of us with a splash of bright red on our face and arms.

I had a blast and I think everyone else did too. This was my second year volunteering at the Special Olympics and I plan to continue volunteering. I hope you all take a part in this great experience at some point. It's a beneficial experience for people of all ages.

Family continued from pg 4 Anheuser-Busch Does It Again!

Operation Homecoming has extended their tribute to our deployed military. If you have been time deployed any between Memorial Day '03 and Veteran's Day '03, you are eligible for free admission for you and up to 4 dependents (10 or older) to any of the Anheuser-Busch Adventure The offer is good from Parks. Memorial Day '04 through Veteran's Day '04. You can register online and then print the coupon form to expedite the admission process at the gate. www.seaworld.com www.sesameplace.com and www.buschgardens.com

If you have participated in last year's tribute, you are not eligible for this offer, however, discounted tickets will be available for the military. At the gate, you will be asked to show a valid ID card, copy of your orders showing your deployment dates, and a completed registration form. Blank forms are also available at the gate. So, if your

summer vacation plans take you to Orlando, San Diego, San Antonio, Tampa, Williamsburg VA, or Philadelphia, please take advantage of this tribute to our military.

Scotia Prince Cruise - Military Discount

The Scotia Prince cruise ship takes families, in affordable vacation packages, from Portland, Maine to beautiful Nova Scotia with hundreds of attractions and timeless sea coast beauty. Bring your own car or take a group in a bus - it's a cruise ship with a car ferry deck!

Our passenger's enjoy a real cruise experience including fine dining, live entertainment and casino action with world class customer service. Our passengers come back time and time again for this fun and affordable cruise and vacation experience.

In today's world, we as a cruise ship organization, crew and staff, want to honor serving and retired members of our military, our Coast Guard, the Academies and their families. Our chairman has, for the first time last season, begun a very special military discount program — 10% OFF 2 PASSENGERS & NEXT 2 PASSENGERS ARE FREE! For Info call 1-866-615-5693. YELLOW PAGES

TO SUPPORT FAMILIES OF DEPLOYED MEMBERS

Just a reminder, we continue to gather names and information from individuals, businesses and organizations that are interested in supporting the needs of all deployed military member's families. Contact the Family Readiness Office if you or your organization is interested in providing a discount or a helping hand to a family left behind. The information received will not be advertised, but will be used as the need arises with a family.

Recruiter Rap

Submitted by Senior Master Sgt. Shannon Tolley, 157 ARW

Recruiting Quote of the month:

"No amount of ability is of the slightest avail without honor." - Andrew Carnegie

EVENTS! EVENTS! EVENTS!

You should have received a plea in the mail from this office requesting help and support for our Summer events. Thank you to those who have raised their hands to help, but there is still room for more! Please have a look and see if you can assist in any way.

PLEASE CALL 1-800-257-9368 to volunteer your services! In most instances, we can get a special training day if notified in enough of an advance.

Aug. 7 & 8 Kingston Anniversary Days

Aug. 13 & 15 Newmarket Old Home Days

Aug. 14 Rochester Summer Festival

Aug. 21 & 22 Rochester Air Show Aug. 28 Farmington Parade

Spreading the word about our organization is always fun! If you would like to help out, please contact the appropriate POC.

Our Newest Members!!! Give a big NH Welcome to these folks!

SFS

Master Sgt. Thomas Gaglione Airman 1st Class Randy Gagnon

SVF

Airman 1st Class Wayne Merritt

MDS Staff Sgt. Thomas Shea MXS

Airman 1st Class Lisa Walter

LRS

Senior Airman Derek Plaisted

ATC

Senior Airman Eric Aulwurm

Our Honorary Recruiters for the month are

Lindsay Lassonde (MDS) Richard Hamilton (SFS)

THIS IS DOUBLE LAST MONTH! THANK YOU!

Recruiting's Public Service Quick Tip: To create a fresh clean aroma in the washroom, place a sheet of fabric softener in the wastebasket. You can also do the same with the wastebaskets around the rest of the

OUR RECRUITING TEAM - 1-800-257-9368

house, such as one at your desk

From the Diversity Corner:

Submitted By: Senior Master Sgt. Valerie R. Morgan Wing Human Resoures Advisor

August Observance - Women's Equality Day

On August 26th, we observe Women's Equality Day and the Women's Rights Movement. On this day in 1920, the 19th Amendment, which granted women the right to vote, was ratified as part of the U.S. Constitution. It marked the culmination of a 72 yearlong movement by women to achieve equal rights in this country. In 1971, Congress designated August 26th as Women's Equality Day. In the 19th Century, women suffrage supporters like Elizabeth Cady Stanton and Susan B. Anthony, wrote, lectured, marched, and lobbied, to achieve what many Americans felt was a radical change to the U.S. Constitution. The first women's rights convention was held in Seneca Falls, New York, in 1848. Few of these early supporters lived to see the victory in 1920. Over the past seven generations, dramatic social and legal changes have taken place that are so well accepted today that they sometimes go unnoticed by those whose lives have benefited from them. Younger people can hardly believe that life was ever different.

The changes that came about over these seven generations did not occur quickly. Women themselves made these changes happen. Through meetings, petitions, drives, lobbying and public



speaking, and non-violent resistance, women came together to affect these changes in the most democratic ways. Women can be proud of the Women's Rights Movement. The changes that were made created a positive change and a better world. The observance of Women's Equality Day not only commemorates the passage of the 19th Amendment, but it also draws attention to women's continued efforts toward full equality.

Did you know? - In 1848, in addition to not being allowed to vote, women were not able to enter professions such as medicine or law. Most occupations were closed to them, and, when they did work, they were paid only a fraction of what men earned. They had no means to gain an education, since no college or university would accept them, and they had no property rights. Women had to submit to laws when they had no voice in their formation, and husbands had legal power over and responsibility for their wives to the extent that they could beat them with impunity. Much has happened to change the lives of many over the last century and a half. Today, both men and women benefit from the more inclusive perspective that women brought to the lives of all Americans.

(Source for the above is the Women's Equality Day Web Site)

DENTAL REQUIREMENTS

By Maj. Thomas Moon, NHANG, DC

Base Dental Surgeon

NHANG Members: It is now possible to complete dental requirements with your civilian dentist. Many of you have already received an annual dental exam form 2813 in the mail to take to your private dentist. This form can now replace the dental visits at the medical clinic. The Form 2813 will usually be sent out on or around your birth month, so it would be a good idea to schedule your appointments in advance. If you use this method, it's important to return this form as soon as it's completed to ensure that your record is updated. Currently,

Non-flyers require a dental exam every five years and Flyers on an annual basis. Please note that you can still get your dental exams at the medical clinic. If you have any questions, please feel free to call the clinic at 430-2340.



Second in the States

By Airman 1st Class Lindsey Watson-Kirwin



New Hampshire is second in the nation for the percent of our Guard and Reserve troops deployed since 9/11. The total number of Reserve and Guard troops is roughly 4,700. About 2,200 troops have been mobilized since 9/11. New Hampshire is beat out for first by South Dakota. (Information courtesy of Army Capt. Gregory Heilshorn, State PAO)



Guard Talk

by Senior Master Sgt. Valerie Morgan
Wing Human Resources Advisor
Guard Talk welcomes your submissions. If you have
something interesting or a special event that you'd like to
share, please give me a call at tel: (603) 430-3151,
fax: 430-2456 or drop a line to 157 ARW/HRA,
302 Newmarket Street, Pease ANGB, NH 03803-0157E-mail address:
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- Congratulations Trisha to Obertanec, 17, daughter of David Obertanec (MPF) who was the recipient of the "Coach's Award" for Marshwood High School's Girls Varsity Basketball team at their annual banquet. Trisha won the award for her outstanding sportsmanship and team spirit. She has been a member of the team for her entire high school career, serving as captain her senior Trisha graduated year. Marshwood High on June 10. She plans to attend N.H. Vocational Technical Institute in Concord in the fall. She currently works at the Sentry Hill Nursing Home in York, Maine.
- Fond farewell wishes go out to **Rick Maffei** (XP) who accepted a Statutory Tour (Title 10) at the National Guard Bureau as the Chief of Future Joint Intelligence (J2). He began his new job on March 15. Rick joined the NHANG in 1987 and served in various positions to include Navigator, Intel, and most recently, the Chief of Wing Plans. He will be sorely missed here at the 157th but we all wish him the very best in his new position. Rick plans to come back and visit us often!
- Kudos to Aimee Mathews, 13, daughter of Kathy Belger and step-daughter of Peter Belger (LG) who was a winner for her age group in her school science fair held in March. Aimee is in the 6th grade at South Hiram Elementary School in Parsonfield, Maine. Her project consisted of mice running through a maze to see how quickly they could finish the task with both country and classical music. She went on to

- compete in the state fair in Bangor on May 3rd and had a very fine showing according to her stepfather. Aimee would like to be a vet or a farmer when she grows up. She enjoys swimming, camping, and softball. By the way, Aimee's teammate on the project was **Aja Searles**, 13.
- Doris and Kendall Brock (LG) traveled to Florida a few months ago to visit with friends and former co-workers. They landed in West Palm Beach, rented a sporty convertible, and visited with Judy and Earl Andrews (RET LGS) who live near Lakeland in a gated community called Crystal Lake, and also with Doris' uncle, Rene Therrien. They also drove to Port Charlotte and stayed overnight with Joanne and Dick St Jean (RET MXS). There, they met up with Helen and Gil Biron (RET HQS). After a busy week in the sunny state, they headed back for West Palm, turned in their convertible, and boarded their flight back home to N.H. The Chief tells us that it was quite a memorable trip! Doris and Ken are also very proud to announce that their grandson, Timothy Milne, 14, an 8th grade student, won a \$12,000 Scholarship to Johnson & Whales University for his cooking talents. He was featured on WMUR Channel 9's "Cooks Corner" on Memorial Day. Tim prepared a healthy Polish Golumki and won the award because of his creative presentation of this old stuffed cabbage Besides cooking, Tim favorite. enjoys canoeing, fishing, and dirt biking. He is the son of Susan and

David Milne of Auburn. Way to go, Tim!

- Cynthia Halliday (RET MSF) recently completed the first Victim Assistance Academy, sponsored through the Edmund S. Muskie School of Public Service. As a volunteer court advocate for the Abused Women's Advocacy Project (AWAP), Cindy was one of 40 students selected to attend this intense six day course. Although held in Maine, the Academy also included N.H. laws and information sites. Instructors came from both the state and national level to instruct the class on the Roles of Advocates and various related topics. Cindy was also invited to join the AWAP strategic planning board to help create a vision of how it can best meet the needs of the community. If anyone is interested in receiving computer links or telephone numbers of ME/NH state or federal agencies, you can e-mail Cindy at home at challida@earthlink.net and she will forward them to you.
- Warmest wishes to Jessica and Brendan Whalen of Wakefield who are the proud new parents of Aidan Michael who arrived on March 24. Aidan weighed in at 7 lbs 14 oz and measured 22 inches long. Beaming grandparents are Sue and Mark **Houle** (XP) of Exeter, and **Margret** Houle of Durham. Jessica is a Physical Education Teacher at River Middle School. Oyster Brendan is a math teacher at Oyster River High School. More Houle family news includes the graduation of Patrick Houle, Jessica's brother, from the N.H. Police Academy in Concord. He is currently employed Somersworth Police the Department as a patrolman. Congratulations to all!
- Please welcome **Mikayla Elizabeth**, baby daughter of **Candance** and **Jason Veziris** (OPS) who was born on April 30th. Baby Mikayla weighed in at 6 lbs. 8 oz. and measured 20 ½ inches long.

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Candace is a claims adjuster for Progressive Insurance in Bedford. Jason is currently serving on an active duty tour in the Crew Comm. Section of Operations. The family resides in Manchester.

- Celina and Keith Downs (CES) have recently moved into their brand new colonial home in Milton, which is located on 8 acres of land. Celina, a former member of the Logistics Squadron, is currently working parttime as a civilian administrative assistant in the Civil Engineer Squadron. Keith works full-time as the NCOIC of the Readiness Section. Incidentally, Celina's parents are Mary and Don Bender (RET OPS) of Newmarket. served as a command pilot with the NHANG for several years, and is currently flying for Continental Airlines. Mary is a nurse at Portsmouth Regional Hospital.
- Congratulations to Michelle Blandina, 17, daughter of Denyse and Michael Blandina (OPS) who was accepted to the Rhode Island School of Design (RISD) in Providence for a pre-college program this summer. During the six week long program, from June 19 through July 31, Michelle studied Fashion Design. She designed an
- outfit, using only recycled materials, which she modeled at a fashion show held at the end of the course. Michelle has always held a passion for art and this was truly a wonderful experience for her. She is an honor roll student at Trinity High School and will enter her senior year this fall. She has been a member of the Student Council since freshman year and is involved in various activities at school to include serving Thanksgiving dinner at a local nursing home, Toys for Tots, and Warm Hearts Warm Hands, a program to collect hats and mittens for needy children. She has also helped with Eyes for the Needy, collecting eyeglasses for the Lions Club. When she's not studying or working on her latest piece of art, Michelle likes to spend time cheering on the Trinity Pioneers at basketball games, or hanging out with her friends. She also enjoys shopping, and one of her favorite pastimes is spending time in the flower garden at home with her Mom. Michelle has two brothers, Mickey, 22, and Timmy, 12.
- Kenny Hoyt (CES) recently turned in his bat and ball for BDU's and combat boots. Kenny, a talented baseball player at Marshwood High School, left for basic military training shortly after graduation in

- June, and is now attending technical school training to become a fire-fighter in the Civil Engineer Squadron. Kenny played baseball his entire high school career and served as captain his senior year. He is continuing a family tradition in the firefighting world. His father, two uncles, grandfather, and great grandfather all served as firefighters. Kenny will attend Keene State College in January and plans to major in communications.
- Congratulations to Robert
 O'Toole (RET HQS) who was
 recently promoted in the Boston
 Police Department to the rank of
 Deputy Superintendent. Chief
 O'Toole is now the Commander,
 Special Operations Division. His
 sister, Shannon Tolley (DPR)
 serves as the Recruiting &
 Retention Superintendent.

THAT'S ALL FOR THIS TIME, FOLKS! SEE YOU IN SEPTEMBER!



Drill Dates

Please see your printed Refueler or Orderly Room

DEPARTMENT OF THE AIR FORCE 157 ARW/PA 302 NEWMARKET STREET, BLDG 16 PEASE ANGB, NH 03803-0157

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